

Recreatiegebied Vlietland  
Oostvlietweg 63  
2266 GN Leidschendam  
071 561 03 14  
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www.rvrijnland.nl



## Our Club in a nutshell

Rijnland is a civilian rowing club without a membership block. The facilities are fitted for almost any type of sportman or sportswoman, also for target groups where participation in sports is traditionally low, such as people with disabilities, middle aged people and elderly. This could be because the risk of getting injuries with rowing is low. Recreational rowing is an important part of the water recreation on Vlietland, the Vliet and other watersheds surrounding us.

We offer many ways to enjoy rowing:

- Walk-in rowing and rowing instruction for adults
- Under 18 /Junior Rowing (instruction and races) and school rowing
- Rowing with disabilities
- Recreational Rowing
- Marathon Rowing (Ringvaart Regatta, Elfstedentocht, Donau-tocht)
- Competitive Rowing (we “count 1 disabled “national talent”; crews succesfully participate in national races and FISA World Masters Regatta)





## Rijnland by numbers

<b>Members (1-8-2011)</b>		547	
w.o.	Female		289
	Male		258
	Under 18 years		45
	65-plus		157
	Special-needs		15
	Competitive		Ca 120
Average age		55	
<b>Hometown's</b>	Den Haag	78	
	Voorburg	36	
	Leidschendam	47	41%
	Voorschoten	141	
	Leiden	97	
	Wassenaar	46	
	Oegstgeest	14	
	Others	88	
<b>Boats</b>		87	
w.o.	Eights		5
	Fours (racing boat model)		8
	Twos (racing boat model)		11
	Skiffs (excl. 15 privately owned skiffs)		29
	C-material		34
Total usage per year		7000	
<b>Ergo meters</b>		7	
<b>Starts of competitive crews (2010)</b>		165	
	Wins		55
<b>Technical crew</b>	Adult instructors	32	
	Under 18 instructors	7	
	Coaches	18	
	Support special need rowing	35	

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Our club also organises activities with a national importance:

- Symposium about master rowing: “Roeiend van A naar H” including the publication of a symposium compilation
- Geuzentocht for members of other clubs
- Midweek rowing
- National special needs tour ( 2009)
- Rijnland marathon
- Last year the “Paul Venemans-4 event competition” (rowing, running, and cycling (all can be done perfect near our club, and skating)

Regional importance:

- With 2 clubs from Delft and 2 from Leiden we share a boatman.
- Rowing introduction at “Vlietdagen”
- In the field of sports and recreation we enhance the image on behave of the surrounding cities
- Due to our level of competitive rowing we attract race rowers from surrounding clubs. Very good coaches and some former top rowers (OG, WC and EC) contribute to this success

Our club owes her existence to our members who run:

- Building, garden, boat, trailer, bar, instruction, coaching, rowing events and website

Our financial sources:

- Membership fees
- Gifts for boats by members
- Sponsorships (small part)
- Subsidies (small part)
- Rents from storage privately owned boats
- Bar income

Rowing water

- Vliet (direction Leidschendam and Leiderdorp)
- Vlietlandplas (this year the scene for our club regatta for the first time and could be used for regatta venue)
- Other watersheds around Leiden, Stompwijk, Kaag and Katwijk